

## Travel Medicine Update

Occupational Health Services of Norwalk Hospital is the area leader in providing travel health advice and vaccinations to the Norwalk and surrounding communities. Whether travel is for business or personal reasons, Occupational Health Services stands ready to help make the trip a safe, healthy, and enjoyable one.

### Travel Health Consultations

We provide a detailed review of the travelers' health needs, including recommended or required vaccinations, personal health precautions, tips for healthy travel, and more. All recommendations are based upon the latest guidelines issued from the Federal Centers for Disease Control.

Evaluations are itinerary and destination-specific and also take into account the travelers' personal health history, for added safety.

**Each client receives a personalized travel health report and summary for additional confidence.**

### ***Consider....***

- ***What vaccinations do I need?***
- ***Will I be affected by jet lag?***
- ***What other health precautions should I take?***
- ***What local health resources are available?***
- ***Will vaccinations affect any other medications I am now taking?***
- ***Is the water safe?***
- ***What are the risks from local plant and animal life?***
- ***Do I need sunscreen?***

### Vaccinations

Occupational Health Services of Norwalk Hospital stocks and prescribes a wide array of medications and vaccines which may be required for international travel. These products are often not found in most physician's offices due to their specific uses:

- **Yellow Fever Vaccine**
- **Typhoid Vaccine**
- **Tetanus-Diphtheria Vaccine**
- **Meningococcal Meningitis Vaccine**
- **Polio Vaccine**
- **Hepatitis-A Vaccine**
- **Hepatitis-B Vaccine**
- **Japanese Encephalitis Vaccine**
- **MMR (Measles-Mumps-Rubella) Vaccine**
- **Rabies Vaccine**
- **Pneumococcal Pneumonia Vaccine**
- **Influenza Vaccine**
- **Anti-malarial Medication**

**Remember, vaccines take time to work, so plan early.**

**For Additional Details, Call 203-852-2417**

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