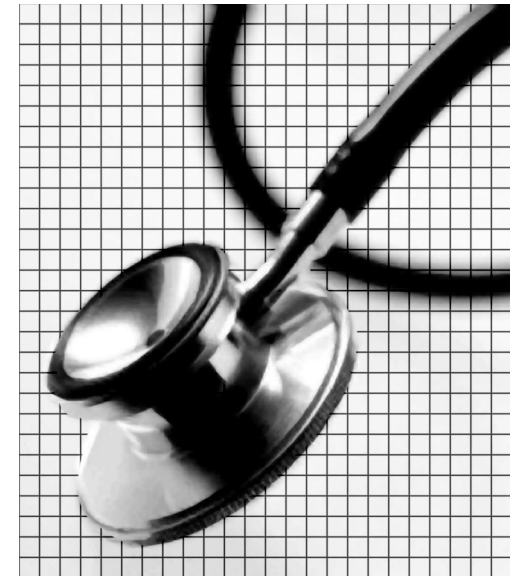


Executive Healthcare Services



520 West Avenue
Norwalk, CT 06850
203-852-2417
203-852-2310 (Fax)
occhealth@norwalkhealth.org
www.occhealthnorwalk.org

Occupational Health Services of Norwalk Hospital
520 West Avenue
Norwalk, CT 06850

The Executive Physical Program Provides...

- A carefully performed, detailed physical examination which is designed to address current and future health needs.
- A wellness-based approach which emphasizes prevention and quality of life enhancement.
- A complete, typed, timely narrative summary which includes copies of all test reports and contains specific recommendations to help the individual manage their health and address future health enhancement strategies.
- Ongoing physician consultations as needed regarding the executive examination.

You'll notice the difference the moment you step in the door...

Welcome to the Executive Health Services Program provided by Occupational Health Services of Norwalk Hospital.

This specialty service provides a highly personalized approach to the examination process, which features a comprehensive exam tailored to the specific needs of the client.

An extensive series of examinations are conducted, including hearing, vision, pulmonary function, EKG, x-ray, cardiac stress testing, and more. We offer the most sophisticated laboratory testing, which includes cardiac risk profiling.

As a hospital-based program, we are able to coordinate additional diagnostic services seamlessly through the health system should further testing be required.

Following the exam, results and findings are reviewed with the client in a dedicated consultation room. Test significance and recommended next steps, including health enhancement planning, is included.



The Quality Source for Executive Examination Services

In addition to assessing current medical needs, the physical examination content is designed to address wellness-based concerns which are important in the enhancement of an individual's quality of life.

We go beyond the obvious to better serve our clients...

- Thorough examinations are performed in our spacious, professionally-appointed exam center which includes showers, robes, a newspaper, and a light meal. We also feature a dedicated waiting room for the executive client.
- A timely, typed narrative report is provided to each client, and is accompanied by copies of all test reports.
- Our physicians remain available for client consultation and referrals on an ongoing basis regarding the results of the examination.
- Convenient location, ample parking, the full resources of Norwalk Hospital make the Executive Physical Program the choice program of the region.

Examination Components

Core Recommended Exam

- Comprehensive Medical History
- Complete Physical Examination
- Vision: Acuity, Color, Depth Perception
- Audiometry (hearing)
- Spirometry (lung function)
- Electrocardiogram
- Comprehensive Lab Panel

Special Tests and Services

- Cardiac Stress Test
- Colonoscopy
- Bone Density
- Chest Xray
- Mammography (Females)
- PAP (Females)
- PSA -Prostatic Specific Antigen (Males)
- Fitness Assessment
- Nutritional Consultation

A Guide to Laboratory Test Components

- Complete Blood Count
- Urinalysis
- Comprehensive Chemistry Profile
- Liver Function
- Thyroid Function
- Kidney Function
- Calcium
- Iron
- Glucose

Cardiac Risk Profile

- Total Cholesterol
- HDL-High Density Lipoprotein
- LDL-Low Density Lipoprotein
- Triglyceride
- Cholesterol/HDL Ratio

For additional information about the Executive Physical Program, please contact our offices at 203-852-2417.